

Got Drugs?

America's biggest drug problem is in our medicine cabinets.

- 70% of those who abuse medicines get them from family and friends.
- 18% of Vermont 11th- and 12th-graders reported having used a prescription painkiller that was not prescribed for them.
- Misuse and abuse of medicines can be harmful, and even deadly.

You are part of the solution.

- Medicines are **safe** and **effective** when taken as ordered by a doctor.
- Do not share medicines with family, friends, or coworkers. A drug that works for you could be harmful to someone else.
- Know what medicines are in your home, who takes what, and how much.
- Lock up your medicines in a safe place. Theft and abuse of medicine is a problem.
- Do not use leftover or old medicine.

2 ways to safely get rid of unused or old medicine:

1) Drop off medicine at the **Windsor Police Department** (see other side for more info)

2) Do not flush unused medicines down the toilet and do not pour them down a sink or drain unless the directions tell you to do so.

Most drugs can be thrown in the trash, but before you do:

- Take the medicine out of the bottle
- Mix it with cat litter, used coffee grounds, sawdust or soil
- Put the mix into a zip-lock bag or empty bottle with a screw-on top and seal it
- Mark out your name and other information on the label by using a marker, duct tape, or by scratching it off
- Place the bag or bottle in the trash along with the empty medicine bottle

**Keep yourself
and family safe**

Every Day is a Drug Take-Back Day!



MedReturn Drug Collection Unit in Windsor, VT

Located in the front lobby of the
Windsor Police Department
29 Union Street
Windsor, VT 05089
(802) 674-9042

Drop-Off Days & Times

Monday – Friday
9 a.m. – 4 p.m.

* No needles please

* Medicines can be dropped off at
other days and times by calling the
Windsor Police Department

Brought to you by Mt. Ascutney Hospital
& the Mt. Ascutney Prevention Partnership

Always there.
Easy to use. Safe.